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# VASTU SHASTRA

*Science of Architecture*

*NAMASTE : I open you my Soul in Hindi, would correspond to "hello" in English because in India EVERYTHING is holly!*



*And EVERYTHING is governed by a breath, a divine energy, Prâna, including material and space.*

*Unlike the West, the energy is not abstract in India, it is lived, felt as an impulse.*

*Of the observation of the nature was born, 3 500 years ago, Vastu Shastra or Science of the Architecture recorded in the sacred texts, the Védas.*

*Forgotten, it re-appears in the 90s and explains how to order practically a space, a house...*

*Trimûtri or Indian Trinity composes anything. Three strengths, positive, neutral and negative act permanently. To rebalance these strengths in your house, it is what invites you to make Vastu Shastra. The purpose of the exercise leads to feel you good and what be your wishes they will be a success!*

*Concretely, the main door of your house has to remain an opened and captivating space to admit a positive energy and be situated in the North or in the East.*

*A door of "exit", South or West, would be desirable behind your house to let leave the energies.*

*The center of your house should be loosened to allow a constant renewal of positive energy.*

*These some elements are largely reducing but establish an invitation to those who would like to know more about it!*

*Finally, if I can recommend you a clear, pleasant and easily accessible work, on the subject, it would be the one of Alexandra Virag " Vastu Shastra ", Trajectoires editions.*

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